

STOP HIV/AIDS PROGRAM EVALUATION (SHAPE) 2.0 STUDY: PROGRESS, LESSONS LEARNED, AND NEXT STEPS





LAND ACKNOWLEDGEMENT

We acknowledge we are uninvited settler on the traditional, ancestral, unceded and occupied homelands of the x^wməθk^wəyəm (Musqueam), Tsawwassen, and Kwantlen First Nations. The SHAPE Study and BCCfE work span provincially, on the traditional lands of on the lands and waters that are cared for and nurtured by the many distinct First Nations across the province .

This acknowledgment is a reminder of the discriminatory, racist, and colonial practices that have had a lasting legacy, and continue to create barriers for Indigenous peoples in the healthcare system.





WHAT BRINGS US TOGETHER



SHAPE STUDY TEAM

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AGENDA

- **SHAPE 2.0 Study overview**
- **SHAPE cohort & Preliminary findings**
- **Next steps: responding to community priorities**



BRITISH COLUMBIA CENTRE FOR EXCELLENCE IN HIV/AIDS

The BC Centre for Excellence in HIV/AIDS (BC-CfE) is Canada's largest HIV/AIDS research, treatment and education facility.

- The **BCCfE's Drug Treatment Program** is funded by the BC Ministry of Health and provides antiretroviral medications at no cost to medically eligible persons living with HIV and persons at high risk of HIV acquisition living in BC.
- The **Hope to Health Research & Innovation Centre** is located in the Vancouver Downtown Eastside. H2H includes a supervised consumption site and a primary care clinic with interdisciplinary team-based approach and psychosocial supports in areas of housing, income, social supports, and behavioural interventions.
- The BCCfE leads research to monitor the impact of the HIV/AIDS epidemic in BC.

STOP HIV/AIDS PROGRAM EVALUATION – SHAPE STUDY



SHAPE 1: Launched in 2016 to characterize healthcare experiences and outcomes among people living with HIV in BC.

- 644 participants – median age: 51
- Longitudinal study: one survey every 18 months (3 surveys in total)
- Areas of focus: healthcare experiences, retention across the HIV cascade of care, access to HIV care, and attitudes and behaviours towards HIV care over time.

SHAPE 2: Launched in 2024, after a series of discussions with the SHAPE Steering Committee, and a roundtable with community partners to determine research priorities & co-develop the survey.

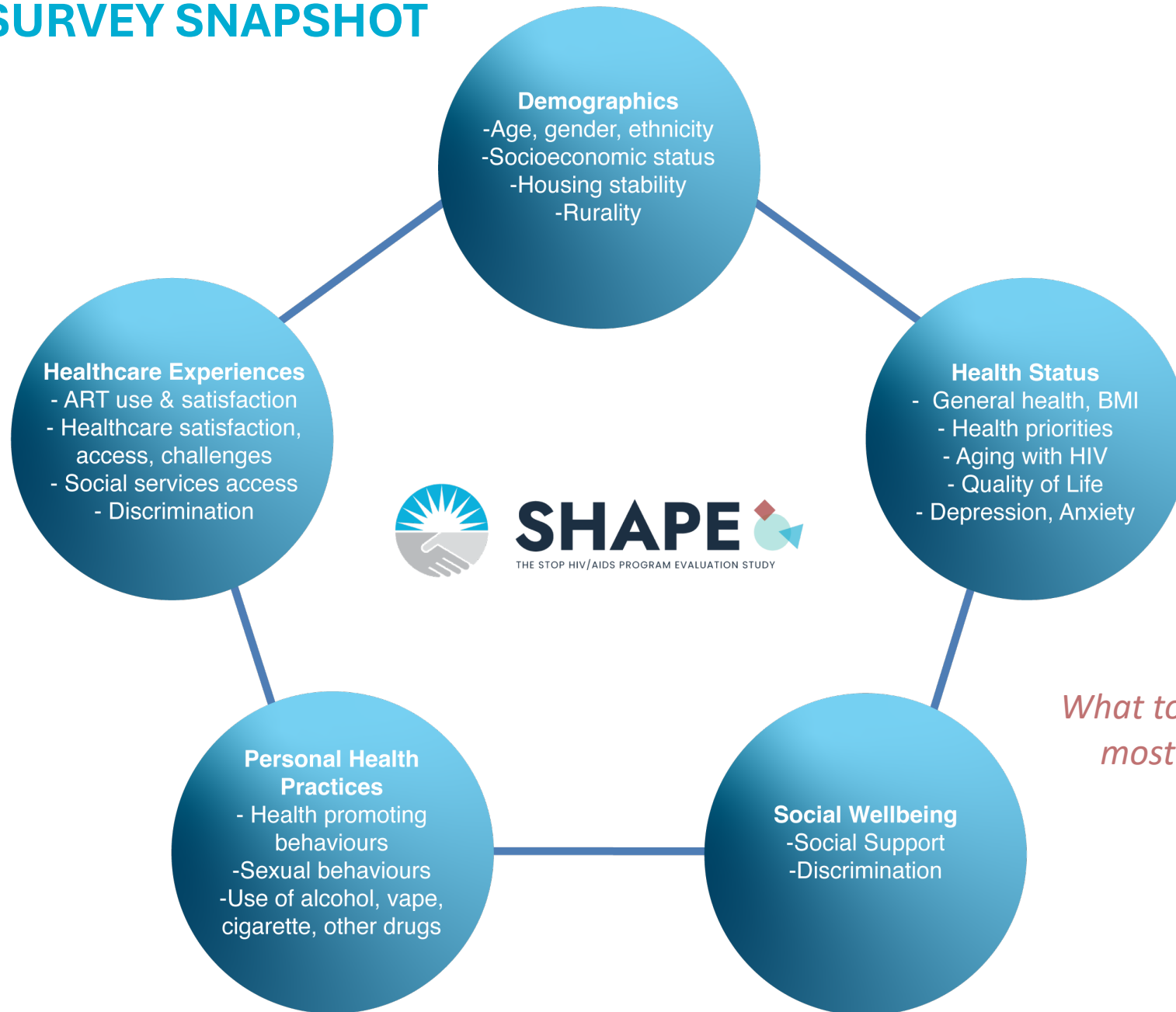
- Single survey in English or Spanish with data linkage with clinical data from the Drug Treatment Program (DTP)

Objective: Characterize access and experiences in healthcare and identify unmet health service needs among people living with HIV in BC.

SHAPE 2.0 SURVEY SNAPSHOT



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What topics or issues are the most important to you?



STOP HIV/AIDS PROGRAM EVALUATION – SHAPE 2.0 STUDY



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Key lessons:

Building trust & connections;
Trying new things (e.g., social media)

Aug 7, 2024 – Aug 31, 2026: 1,360 participants!

Recruitment & Outreach in all five health authorities!

Some of the organizations we visited:



Online: 929



Phone: 75



In-person: 356

Vancouver Coastal Health

- Hope to Health Clinic
- John Reudy Clinic
- Downtown Community Health Clinic
- Kilala Lelum
- Ribbon Community
- Health Initiative for Men (HIM)

Fraser Health

- Positive Haven Resource Centre
- Positive Health Services (JPOC)

Island Health

- AVI Health and Community Services Victoria
- AVI Health and Community Services Nanaimo

Interior Health

- Juniper Clinic
- Kelowna General Hospital

Northern Health

- Soonats'ooneh Heath Society
- Positive Living North

SHAPE 2 COHORT (N= 1,360 PARTICIPANTS)

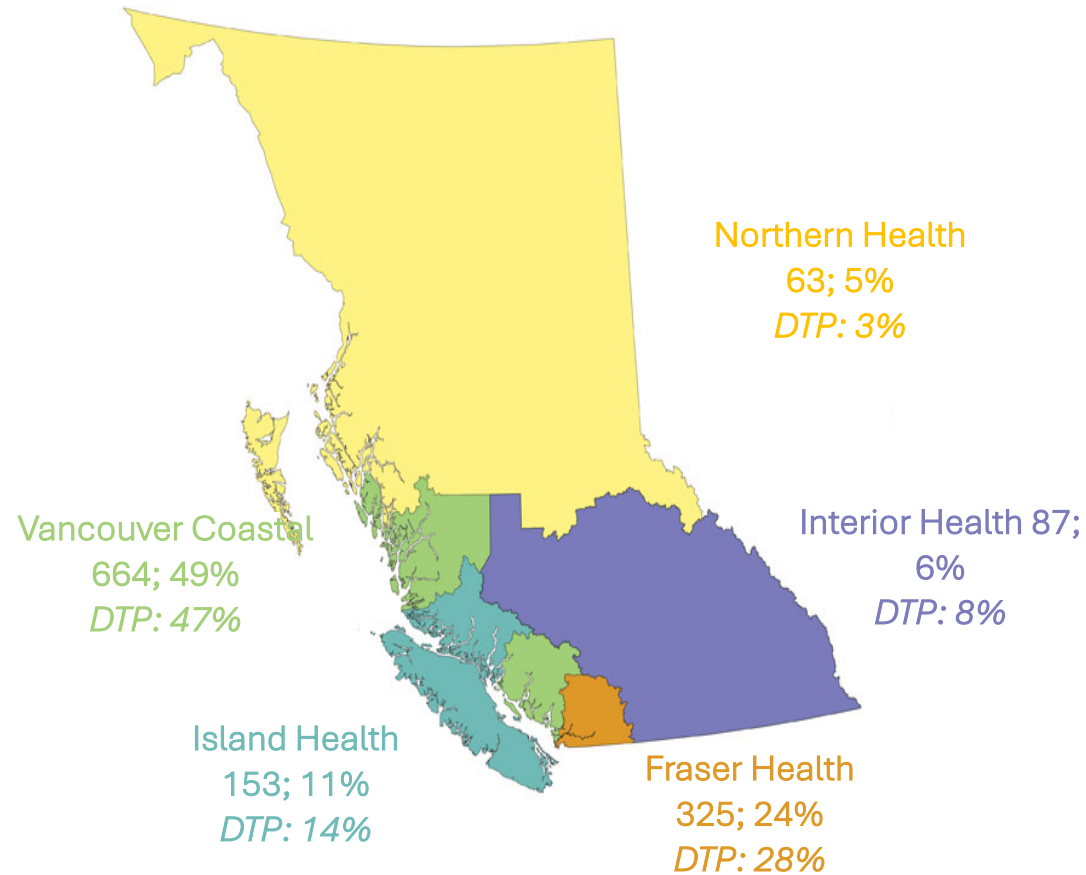


SHAPE
THE STOP HIV/AIDS PROGRAM EVALUATION STUDY



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Health Authority Distribution:



Demographics:

Ethnicity

52% White
21% Indigenous
10% Latin American
9% Asian
8% Black
6% Middle Eastern,
Other, Unknown

Sexual Orientation

34% Straight
52% Gay/lesbian
15% Queer, Bisexual,
Asexual
3% Other, PNTA

Age

57% 50 or older

Gender

78% Man
19% Woman
2% Non-binary
1% Other & unknown



INDIGENOUS DATA WORKING GROUP

BCCFE EPIDEMIOLOGY & POPULATION HEALTH



SHAPE 2 PRELIMINARY FINDINGS: HEALTH PRIORITIES



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What are the current health priorities of people living with HIV in British Columbia and how to they differ by age and gender?

- **Aug 2024– Sep 2025**; 972 people living with HIV
- Median age was **53 years** (Q1-Q3: 41-62), and **19.4% were women**,
- **Self-reported current health status:**
 - Excellent: 10.9%
 - Very good: 25.3%
 - Good: 35.8%
 - Fair: 22.3%
 - Poor: 5.45%

- **Most currently reported current health priorities:**



HIV:
72.3%



Mental
health:
48.1%



Effects
of aging:
32.6%

Age groups differed significantly in **selecting HIV and effects of aging** as a top-3 priority, but **gender identity groups** did not.

NEXT STEPS: RESPONDING TO COMMUNITY PRIORITIES

- SHAPE STEERING COMMITTEE



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Relaunching the SHAPE Steering Committee on Sep 17, 2026:

Goals: Build relationship, contextualize SHAPE study and next phase, and start knowledge mobilization discussion

Engaging community members:

- Outreach via community partners & BCCfE social media
- 1:1s to build relationship

Meeting snapshot

- 9 community members & representatives from 6 community organizations, 2 health authorities, Ministry of Health, H2H, and BCCfE team.
- **Key priorities:**
 - Aging & treatment satisfaction.
 - *Community-engaged knowledge mobilization activities,*
 - We continue to collect community feedback through a feedback questionnaire!

SHAPE 2: HIV DIAGNOSIS ERA



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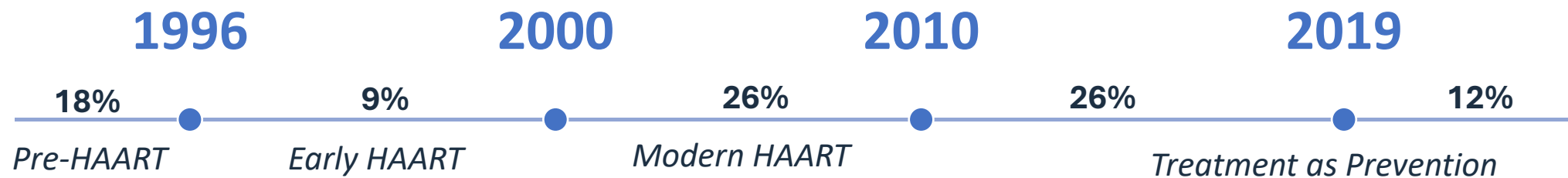


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Antiretroviral Therapy

97% Yes



SHAPE 2 PRELIMINARY FINDINGS: HEALTH PRIORITIES



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“As you age with HIV, what are our top concerns?”

- Having secure housing
- Loss of income/financial support
- Access to primary health care
- Isolation and loneliness
- Access to community organization and services
- Access to home and community care
- Staying/living with my partner
- Living with HIV
- Complications related to HIV
- Injuries or accidents
- Quality of life
- Mental health
- Mobility
- Living with other diseases

NEXT STEPS: RESPONDING TO COMMUNITY PRIORITIES



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- **Exploring ART satisfaction**
 - *Objective:* examine the factors associated with ART satisfaction and characterize what could improve satisfaction among SHAPE 2 participants
- **Community Report**
 - *Objective:* Frequency of responses to all survey items from SHAPE 2.0 participants – overall and stratified by regional health authority, gender, and age.
- **In-person dialogue sessions** and provincial roundtables led by community members to share stories and explore SHAPE data

*How would you like to learn about the
SHAPE data?*



THANK YOU!

Questions?

Subscribe for
updates!



Stay in touch:
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ACKNOWLEDGEMENT

The SHAPE team extends our deep gratitude to everyone who has taken the time to complete the survey and share their voices with us.

We are also grateful for our fantastic partners who have been supporting the project across the province.

Thank you to the BCCfE team who has supported the SHAPE project since day 1.

We gratefully acknowledge the BC Ministry of Health for funding this project.



THANK YOU!

