

Hepatitis C Basics



Topics covered

Week 1 Introduction

Week 2 Testing

Week 3 Treatment

Week 4 Health Literacy

Live webinar: "Hepatitis C Basics: Implications for frontline workers"

Target audience

This is an introductory-level course geared toward service providers who work with people at risk of or living with hepatitis C. The live webinar is an additional one hour interactive session that takes place during the four-week course.

Time commitment

Learners should expect to commit 1 hour per week to complete all assigned online activities. The live webinar is an additional one hour interactive session that takes place during the four-week course.

Technical requirements

- Desktop, laptop or tablet computer
- Internet connection
- Up-to-date Firefox, Chrome or Safari web browser
- Valid email address



Course Overview

CATIE's *Hepatitis C Basics* course aims to provide foundational knowledge of hepatitis C, covering topics such as hepatitis C transmission, testing, treatment, prevention and health literacy. This course is delivered by a CATIE regional health education coordinator, providing instruction through a combination of online interactive eLearning units, discussion board assignments and webinars. Participants will achieve a basic understanding of hepatitis C across the continuum of prevention, treatment, care and support, allowing them to discuss hepatitis C infection in their work and to support their clients.

Learners will receive a certificate upon completion of all learning activities.

W Learning objectives

At the end of the course, the learner will be able to:

- 1. Understand the epidemiology of hepatitis C in Canada
- 2. Explain how hepatitis C is transmitted and identify ways to prevent infection
- 3. Describe effects of hepatitis C on the liver
- 4. Differentiate between acute and chronic hepatitis C
- 5. Describe the tests used to diagnose and to monitor hepatitis C
- 6. Identify some of the treatments approved for the treatment of hepatitis C in Canada
- 7. Discuss health literacy and identify key barriers that clients may face while navigating the healthcare system

To find out how your organization can participate contact a Health Education Coordinator at CATIE:

info@catie.ca | 1-800-263-1638







At the end of this module, the learner will be able to:

- Define and distinguish between hepatitis A, B, and C
- Recognize the importance of genotypes
- Understand the basic functions of the liver and its importance for a client's overall health
- Understand the context of the hepatitis C virus epidemiology in Canada
- Explain to clients how hepatitis C is transmitted and identify the levels of risk
- Identify how clients can protect themselves from hepatitis C

Week 2: Testing

At the end of this module, the learner will be able to:

- Identify and describe the two tests used for hepatitis C diagnosis
- Differentiate between acute and chronic hepatitis C infection
- Describe how hepatitis C impacts the liver over time and how damage is monitored



Week 3: Treatment

At the end of this module, the learner will be able to:

- Understand the goal of hepatitis C treatment and be able communicate it to clients
- Identify current medications used and discuss some of the significant side effects
- Identify and explain some of the factors to think about when considering hepatitis C treatment
- Understand the importance of multidisciplinary teams and how they function



At the end of this module, the learner will be able to:

- Define health literacy
- Discuss why health literacy is important for clients
- Understand how health literacy affects Canadians
- Identify the key barriers that clients may face while navigating the healthcare system

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