

CBR in BC Quarterly

September 23, 2021 – 1pm-4pm PST

Minutes

Attendance:

Anita David (GCO, BCCDC)

Antonio Marante (Thrive)

Andrea Mellor (UVic)

Nicole Dawdyniuk (SHARE)

Darren Lauscher (many hats!)

Anna Vorobyova (Thrive)

Clara Tam (BCCfE)

Jennifer Demchuk (PAN)

Kalysha Closson (BCCfE)

Nance Cunningham (BCCfE)

Patience (BCCfE)

Surita Parashar (BCCfE)

Sharyle Lyndon (Thrive)

Madeline Gallard (PAN)

Paul Kerber (PAN)

1. Welcome & Check-in

2. Approval of Previous Minutes

3. Approval of Agenda

4. Guest Presentation:

Presentation by Andrea Mellor – *Engaging with Visual Knowledge Sharing in CBR*

- Partnership of UVic and Surrounded by Cedar Child and Family Services
- Coming of age project: wanted to listen about how the life state of adolescence is experienced in urban settings
- Grounded in Indigenous research paradigm: critical allyship and doing research in a good way
- Knowledge is shared – not transferred but learning and shared
- Research Engagement Project Pathway: three key knowledge gathering events
- Research storytelling: crucial, gathering of voices, ultimate report back to community using visual knowledge sharing
- Intangibles: empowerment, self-continuity, self-awareness, sense of belonging, knowing you are part of something bigger
- Symbols (research anchors) – animals, celebrating the gifts of the person
- Watercolour representation
- Graphic novel – knowledge sharing output
- Question: did we capture the language young people use?
A: Yes – helpful to have insights from team members – were told when language wasn't how youth would actually talk
- Comment that the presentation raised a lot of great ideas about using arts-based methodologies
- Youth wanted their stories told – didn't want anonymity but wanted their names used

Resources from Andrea:

- Christensen, J. (2012). Telling stories: Exploring research storytelling as a meaningful approach to knowledge mobilization with Indigenous research collaborators and diverse audiences in community-based participatory research. *The Canadian Geographer*, 56(2), 231–242.
- Vonnegut, K. (n.d.). The Shapes of Stories.
<https://www.youtube.com/watch?v=oP3c1h8v2ZQ>
- Feel free to reach out to Andrea: amellor@uvic.ca

5. Break

6. Info about upcoming events, projects and other opportunities

- From team of *Building More Bridges*: Running Free: Wildflowers growing freely for the children who never had the chance:
 - <https://runningfreewildflowergardens.mystrikingly.com/>
 - <https://ca.gofundme.com/f/wildflowers-for-children-who-never-had-the-chance?qid=deef20aa26fe40b7af672f4a9949bb7b>
- Hope 2 Health research project – having challenges have people attend their scheduled interview. Any suggestions?: maybe more outreach in community directly. If you have ideas, email Surita: sparashar@bccfe.ca

6. Guest Presentation

Presentation by the Thrive team – *The Ups and Downs of the Journey to Access Home and Community Care Services through the Voices of Our Community*

- Big takeaway message: the system is underserving older people living with HIV; they have to rely more on informal networks and only supplement with home care. The HIV community has been relying on each other for this support and there is burn out. Home and community care services need to be expanded with more help for people who would like to stay home. Also found that formalizing peer support would be huge – it's a big theme but it's not very formalized. Not every peer navigator can help older adults with HIV – so that support needs to be built into the referral – so that older people living with HIV can rely on that support.
- Severe cuts to home care and community care with the last government. Over time, some of these things are getting attention – but this is impacted by COVID. The fact of the matter is that it is cheaper to keep people at home – but it is easier in terms of paperwork to put them into long-term care. What some people take for granted that they can do can't be done by all older people living with HIV.
- Long-term care homes can be traumatic – feeling like you have been abandoned.
- There is not training for care providers about differences such as cultural, sexual orientation, racial to ensure that clients are treated with respect and dignity

- There is work happening focused on cultural safety – about providing safe care for anyone who is not in ‘the mainstream’ – e.g. substance use, different sexual orientations, different ethnicities
- Suggestion to reach out to medical schools and other institutions that train care providers to build this information into curricula
- Applicability to other communities: “getting old and aging issues is not limited to HIV”
- “We are stronger when we work together.”

7. Program & Project Updates

Please provide a short summary of each project and consider these three points: one success, one problem encountered, and one lesson learned. We would also like to invite teams to use this time to share about their projects in light of COVID-19 – how you are doing, how you have adapted your work, etc.

(a) Thrive: Where to reach out?

- Suggestions: CTN has an aging project going on. They are presenting at the Canadian HIV and Aging Symposium and Community UnConference.

(b) Thrive: planning to go completely virtual. Wanted to ask this group if they have seen any novel ways people have been doing online KTE events.

- Suggestion: have seen project teams send out packages of cookies and tea so that everyone can snack and drink tea together.
- Another suggestion that the CTN is holding a panel and one of the panelists doesn’t want to be identified – so they are working to do this. Essentially, removing video, name – can join by telephone. Not sure about voice recognition.
- Suggestion from chat: You can give people ID #s maybe and they can change their names so that it’s confidential.
- Suggestion: maybe folks can offer reflections in writing and have someone read it out.
- Suggestion: Go-To Meeting suppresses names in webinar format. If using the webinar format, you can use Mentimeter or Slido to share questions and have people respond anonymously
- From chat: Talk with the folks at CATIE they’ve been doing this now for awhile.

(c) SHAPE: Project update is that SHAPE is closing data collection September 30, 2021! We’ve had really good success in follow-up and managed to get quite a few people. Our lessons learned is persistence!

(d) Kalysha: submitting a grant next week! Doing research with youth – global work, including youth in South Africa. Putting a grant in about measurement and youth perception of scales used to measure gender equity.

- Suggestion to reach out to FOUNDRY.
- Suggestion to reach out to Oak Tree.

- Suggestion to connect out to Boys and Girls Club.
- (e) Nance: Working on project for her PhD interviewing people about their experience in healthcare. Recruitment only through networks – looking for people with lived experience of sex work and/or drug use throughout BC.
- Recruitment: Are you interested to talk about the quality of your experiences in healthcare in BC? If so, please contact 778 906-2382 or ncunningham@bccfe.ca for more information.
- (f) Update: there will be a Mental Health Awareness day on Saturday, September 25th!