## **HIV IN MOTION**

AN ONLINE COMMUNITY OF PRACTICE

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We are people living with HIV, clinicians, sports staff, and researchers who share a passion for rehabilitative exercise to improve the quality of life of persons living with HIV beyond medications.

### EVIDENCE-BASED



We use research evidence to discuss and improve the everyday and the clinical experience of people living with HIV. We are funded by the Canadian Institutes of Health Research (CIHR), HIV/AIDS Community-Based Research Program (FRN-170102)

### 3 WE MEET



We meet to learn, share research in this area, practical experience, have fun, and we mingle online. Find our next meeting time here [link]

# 4 CONNECT & COLLABORATE



Connect and collaborate with researchers, nonprofit and clinical staff, students in the area (i.e., physiotherapy) with the real daily lives of diverse people living with HIV.

#### **5** CORE TEAM



One national research coordinator, one engagement coordinator living with HIV, six regional ambassadors, and too many contributors to name here. The lead researchers based at University of Toronto are Dr. Kelly O'Brien (Department of Physical Therapy) and Dr. Francisco Ibanez-Carrasco (DLSPH Public Health).