

Knock **4** Naloxone

Yúustway Health Services
Squamish Nation



WA KWAT KWI S7ÁÝNEXW
‘SAVING LIVES’

COMMUNITY HEALTH & WELLNESS ACTION PLANNING

In 2017, Squamish Nation had 3 deaths in our community by mid February due to opioid overdose. This was alarming and our people were concerned for friends and family. Many of us in this room are aware of the statistics; we see the numbers of people who are overdosing on the news daily. How can we influence change and prevent people from becoming another overdose statistic?



INTRODUCING NALOXONE

In October 2016 YHS became an approved Naloxone provider site.

We offered the 1st Community Naloxone training on March 17th 2017.

37 people attended and most of the attendees received Naloxone Training and take home Naloxone (THN) kit.

The First Nation Integrated Policing Unit aka IFNU and Sarah Levine assisted us with the training. In truth, we were learning more about Fentanyl and THN along side our community.

Available Here



Naloxone Kits

If you or someone you know is taking opioids, or at risk of an opioid overdose, a naloxone kit could mean the difference between life and death.



YUUSTWAY HEALTH SERVICES

COMMUNITY PRESENTATION AND TRAINING FENTANYL AND NALOXONE

OPENING Squamish songs

I.F.N.U. Presentation on the drug **FENTANYL**

Fentanyl is a powerful synthetic opioid drug that is similar to morphine but is 50 to 100 times more potent. There were 914 overdose deaths in 2016 - that is almost 80% more than the previous year. There will be an opportunity for discussion following the presentation.

<http://www.cbc.ca/news/canada/british-columbia/overdose-death-statistics-2016-1.3941224>

DINNER

VCH **NALOXONE** Training - optional

Naloxone blocks or reverses the effects of opioid (e.g. Fentanyl, morphine, heroin, methadone). Naloxone is used in an emergency situation to prevent an opioid overdose.

CLOSING Closing remarks, Squamish songs

- **DATE:** Friday March 17, 2017
- **TIME:** 5:00 to 9:00PM
- **LOCATION:** Chief Joe Mathias Centre (gym)

Due to the sensitive nature of the presentation some people may be triggered. We advise you to take this into consideration when considering bringing your children. We suggest children be 13 or older.

No transportation or childcare available
Call Darryl for more information 604.982.0332



We thank Sarah Levine for all her guidance and support with the Naloxone trainings.



Take Home Naloxone Kits are becoming the talk of the community



We offered the 2nd Naloxone Training on April 4th 2017 and we had 135 people attend and distributed 88 THN kits.

Naloxone and Fentanyl are being talked about in our community and everyone wanted to know more.

OVERDOSE CAN BE PREVENTED



Learn More at the Town Hall Meeting!

April 4th, 2017 | 5:00 - 9:00 pm

Chief Joe Mathias Centre, 100 Capilano Road

PRESENTER

Dr. Shannon McDonald, FNHA's Deputy Chief Medical Officer

Drug Use is a Health and Wellness Issue

You are invited to participate in a community dialogue session hosted by the Squamish Nation. The session will provide an opportunity to learn about how we can help prevent overdose and to help those who have lost loved ones to overdose.

EVENING AGENDA

- 5:00 Knowledge Exchange Space
- 5:30 Traditional Welcome
- 5:45 Dinner
- 6:15 Opening Remarks
- 6:30 Presentation & Dialogue
- 7:30 Closing Remarks
- 7:45 Prizes
- 8:00 Community Discussion
- 8:45 Traditional Closing



This is a family friendly event, however participants are reminded that the subject matter is sensitive to many and that some individuals may be triggered. Mental Wellness and Cultural Supports will be available onsite.



Dinner will be provided.
Child Minding for 12 & Under.

For more information, please contact:
Darryl Brooks at 604-982-0332



First Nations Health Authority
Health through wellness

Staff & Site training

YHS provides 1-on-1 training and free THN kits.

Naloxone training is provided for staff who work with community members who may be at risk or come in contact with people who use substances, to community members or to anyone who wants to carry a THN kit.

On-site trainings:

Yúustway Health Services

Ayes Men Men, Child & Family Services

Eslha7an Learning Centre

Squamish Nation Trades Centre

Community Operations

Satellite Naloxone Sites

Ayes Men Men, Child & Family Services and Squamish Valley became satellite Naloxone provider sites and offer THN kits and trainings.



How do we connect with people who don't want to come to our office and/or attend our events, who are lost in addiction, or are at highest risk for overdose?

We wanted to establish a way that if there was an overdose anywhere in our community, help could be available. The kits were out there, but how would one know exactly where?

The stickers were good but not noticeable enough.



Knock - 4 - Naloxone

Our team was planning our next Naloxone event. It was during Squamish Nation's Council elections and I had noticed the election signs all over the community and suggested that we have similar signs for Naloxone availability to place in yards. If there was an overdose anywhere in our community, one could run outside and look down the road for a sign and go knock on someone's door and ask for help. Our coworker, Stephanie Drake, blurted out 'KNOCK FOR NALOXONE'! We got quiet for a few seconds and knew that was the name for this event and campaign.

We reached out to one of our language speakers and leaders, Dustin Rivers, to ask for a Squamish Word/s for Saving Lives and he suggested:

Wa Kwat kwi S7á'ynexw
(sounds like - wa kwat kwee sah eye knowq).

We had the signs made and moved forward with the Knock 4 Naloxone event.



KNOCK 4 NALOXONE **To Stop An Overdose**

**If someone is OverDosing, knock on my door;
I have a Naloxone kit and know how to use it**

Wa Kwat kwi S7áynexw – Saving Lives



Please contact Yúustway Health Services at 604-982-0332
for Naloxone training, to get a new kit, or replace your used Naloxone supplies.
Yúustway Health Services Unit 9a - 380 Welch Street, West Vancouver Phone: 604-982-0332

EVENT PHOTOS



Skwxwú7mesh Úxwumixw | Squamish Nation
Yúustway Health Services

YHS IS FIGHTING AGAINST OVERDOSE

Join us in this fight as we walk through the Capilano Community

Saturday March 17th 2018

1:00pm meet at **CJMC**

1:30pm walk through Capilano community together (see map, page 2)

->Drumming/singing & providing Naloxone training, kits, and

KNOCK 4 NALOXONE yard signs

3-5pm gather at **CJMC** for a **MEAL** and **PRESENTATIONS**

- **Western Aboriginal Harm Reduction Society (WAHRS)**: is a group of urban Aboriginal people who are current or former illicit drug and/or illicit alcohol users, and we come from all nations – Ojibwe, Cree, Mohawk, and more. We work to give our members a voice, teach advocacy, to empower our people to fight for themselves, and to educate different people about our members' strengths and challenges.
- **Culture Saves Lives**: is an awareness and direct action campaign acknowledging the tireless work of our ancestors to uphold our culture, reconnecting the disconnected, and educating mainstream services of the power, beauty, and enduring strength of our traditions and ceremonies.
- **Kelly Baker** will share her personal story.
- **Naloxone Training & Presentation**



**KNOCK 4
NALOXONE &
Wa Kwat kwi S7áy'nexw
'Saving Lives'**





K4N on the Squamish Nation Float at the Vancouver Pride Parade 2018



What Worked / Challenges

- People were eager to learn and share about Naloxone.
- Our community members are better educated about Fentanyl & Naloxone and know where to get a THN kit
- The most *impactful* presentation was the personal story by Kelly B. who had lost her daughter to an overdose.
- Some people wanted a sign in their yard and a kit, without taking the training. It was hard to say 'not at this time' but we made arrangements to go back and do the training one-on-one as they were uncomfortable doing the training in a group setting or in front of others.
 - A few Elders stated they didn't want anyone to come knock on their doors, especially if it was at night, very understandable.
 - We have heard many stories of lives being saved because of the Naloxone kits.
 - We will do our best to continue to honour this commitment:

Wa Kwat kwi S7áynexw - 'Saving Lives'

