

The *Canadian Webinar Series on Sexual and Reproductive Health and Rights* would like to invite you to 'Save the Date' for the fourth of a multi-phase series of webinars focused on key aspects regarding the sexual and reproductive health and rights of women living with HIV in Canada:

## **Resilience, Self-Efficacy, and Peer Support:**

**Canadian Webinar Series on Implementing the *WHO Consolidated Guideline on Sexual and Reproductive Health and Rights of Women Living with HIV***

**Friday, March 9<sup>th</sup>, 2018:** 9:00-10:30AM PST, 12:00 -1:30PM EST, and 6:00 -7:30PM in Geneva.

Please register at: <https://attendee.gotowebinar.com/register/1453739478222693377>

Webinar ID: 154-319-107

---

**WHO Consolidated Guideline Executive summary:**

<http://apps.who.int/iris/bitstream/10665/254634/1/WHO-RHR-17.03-eng.pdf?ua=1>

**Link to the webinar on the consolidated guideline:**

<https://webinar.com/channel/965084607443925509/recording/3aa1937a10ff4ee3a5aae341092f4112/watch>

**Webinar #1: Trauma and Violence Aware Care:**

<https://www.youtube.com/watch?v=qSNlf29Q7rw>

**Webinar #2: Supporting Safe HIV Disclosure:**

<https://youtu.be/leAlj4pP7HU>

**Webinar #3: Reproductive Health, Rights, and Justice:**

<https://youtu.be/rhhrFTxspq4>

---

The World Health Organization 2017 *Consolidated guideline on the sexual and reproductive health and rights (SRHR) of women living with HIV* is grounded in and advocates for a strengthened, comprehensive, woman-centered approach to SRHR. The guideline outlines evidence-based recommendations and good practice statements for key operational and service delivery issues that need to be addressed in order to uphold human rights and promote gender equality. Unique to the development of this guideline, a global community survey was conducted on the SRHR priorities of women living with HIV. Throughout the guidelines the integration of peer support in service and community provision was noted as particularly important to the creation of enabling environments in which women living with HIV can thrive.

In Canada, people living with HIV who have access to and the support to adhere to antiretroviral therapy (ART) are able to live longer, healthier lives with effectively no risk of HIV transmission to sexual partners. These benefits of ART have not been extended equitably to all: women living with HIV have poorer HIV-related care outcomes than men across the HIV care cascade. Navigating health and social care remains challenging for many, particularly against a background of pervasive gendered and social disparities and HIV-related stigma. Interventions that foster peer-support, maximize individual

strengths, and are responsive to community and cultural priorities have been identified as key strategies for building and shaping resilience, self-efficacy, and health among women living with HIV.

Some clinics and community-based organizations across Canada have integrated strategies to engage women in their own care and to strengthen the role of peer support. However, better guidance is needed regarding how best to 'Support the Supporter' and foster peer leadership, resilience, and self-efficacy among women living with HIV. This webinar will offer insight into the pathways towards and factors that contribute to resilience and self-efficacy among women living with HIV. During the webinar, women living with HIV, together with front-line community workers, researchers, clinicians, and policy makers, will share research and best-practice implementation strategies that prioritize GIPA (Greater Involvement of People Living with HIV) and MIWA (Meaningful Involvement of Women Living with HIV) principles to provide peer support, foster peer leadership, and support the [resilience and self-efficacy](#) of women living with HIV .

You are warmly invited to join this webinar on [Resilience, Self-Efficacy, and Peer Support, \(in English\)](#) **Friday, March 9<sup>th</sup> 2018**: 9:00-10:30AM PST, 12:00 -1:30PM EST, and 6:00 -7:30PM in Geneva.

#### **Webinar Objectives:**

The overall goal of the webinar series is to [support implementation of the WHO consolidated guidelines on the sexual and reproductive health and rights of women living with HIV](#).

Specific objectives include to:

- [Provide an overview](#) of current research about [resilience among women living with HIV and pathways between resilience and self-efficacy and other health outcomes](#) in the Canadian context using data from the Canadian HIV Women's Sexual and Reproductive Health Cohort Study (CHIWOS);
- [Introduce strategies and programs](#) developed by women living with HIV and allied researchers, clinicians, and serviced providers to understand the importance of peer support and leadership and capacity building in fostering resilience and self-efficacy, and how best to support peer leaders;
- [Gain insights](#) from women living with HIV to highlight gaps in research and priority areas for further attention;
- [Develop an action plan](#) on how to support the sexual and reproductive health and rights of women living with HIV in the Canadian context, including best practices to foster resilience, self-efficacy, peer support, and peer leadership among women living with HIV

[Please follow this link to register for the webinar:](#)






<https://attendee.gotowebinar.com/register/1453739478222693377>




**Webinar ID:**

154-319-107

Please contact Sarah Watt, Webinar Series Coordinator, at [sawatt@sfu.ca](mailto:sawatt@sfu.ca) for more information.

**Webinar speakers:**

|   |   |
|---|---|
|    | <p><b>Tracey Conway:</b><br/>Tracey Conway is a Community researcher who has just completed the CANOC Community Investigator project. She has been involved in HIV and women's research since 2000. Tracey is also the Co-chair of the Canadian Positive People Network.</p>  |
|    | <p><b>Kerrigan Johnson:</b><br/>Kerrigan is currently the Executive Director of 2 Spirited People of the 1st Nations, who also works as a Research Assistant for Women's College Research Initiative.</p>   |
|    | <p><b>Manjulaa Narasimhan:</b><br/>Manjulaa coordinates WHO's work on strengthening linkages between sexual and reproductive health and rights (SRHR) and HIV interventions – at advocacy, policy, programmatic and research levels. This includes the development of WHO global guidance and tools on the SRHR for women living with HIV as well as the SRHR of adolescent girls and young women.</p>  |
|  | <p><b>Carmen Logie:</b><br/>Carmen is an Assistant Professor, Factor-Inwentash Faculty of Social Work, University of Toronto and an Ontario Ministry of Research &amp; Innovation Early Researcher. Her research explores the social ecological contexts of health and well-being of people living with, and at elevated risk for, HIV in Canada and globally.</p>  |
|  | <p><b>Doris Peltier:</b><br/>Doris Peltier is the National Coordinator for Visioning Health II (VHII), a 4 year Intervention study for HIV-positive Indigenous women in Canada; in partnership with the University of Victoria and the Canadian Aboriginal AIDS Network (CAAN). Her current roles include CAAN rep with the Community Advisory Committee at the CIHR-Canadian HIV Trials Network; Co-chair of the Community Aboriginal Advisory Board for Positive Aboriginal Women (CAAB PAW) with the Canadian HIV Women's Sexual Reproductive Health Cohort Study (CHIWOS); Community Advisory Council member with the Waakebiness-Bryce Institute for Indigenous Health at the Dalla Lana School of Public Health (University of Toronto) and Co-chair for Health for People Who use Drugs Working Group (HfPWUD) at the CIHR Canadian HIV Trials Network. Her interests are in Advocacy, Indigenous Knowledge, KTE and Indigenous health research.</p> |
|   | <p><b>Allyson Ion:</b><br/>Allyson Ion is a PhD Candidate in Social Work at McMaster University. She has worked and volunteered in the HIV sector</p>   |

|   |  |
|---|--|
|    | <p>since 2001 contributing to community development, education, and research initiatives including community-based HIV research in the areas of women, peer support and mothering. Allyson's doctoral research uses institutional ethnography to investigate the health services that women living with HIV utilize during pregnancy, childbirth and early postpartum.</p>   |
|    | <p><b>Shazia Islam:</b><br/> Shazia, a.k.a. Shaz, is the PHA Support Coordinator at the Alliance for South Asian AIDS Prevention, Research Assistant for the CHIWOS study at Women's College Hospital, and an editor for 7.10 Stories. Shaz embraces she/her and they/them pronouns. Shaz has taken on the roles of project coordinator, project mentor, and editor for the POZ women's anthology initiative at ASAAP: More Than Fiction Volume 1 and 2. Shaz is thankful for the capacity-building opportunities offered by community partners like the Committee for Accessible AIDS Treatment and the Positive Leadership Development Institute. Academic credentials include a bachelor's degree in Political Science from the University of British Columbia and a diploma in Journalism from Humber College. In her spare time, Shaz serves as a board member for the Federation of Metro Tenants' Associations and is a caregiver to two senior cats.</p> |
|  | <p><b>Kath Webster:</b><br/> Kath Webster has been actively engaged in the HIV community since her diagnosis in 1995. She currently volunteers as a trainer for the Positive Leadership Development Institute and is a Peer Research Associate with CHIWOS, and has presented at conferences locally, provincially and nationally. Kath believes strongly in the empowerment of people living with HIV and the great value of peer-based approaches within the HIV community.</p>  |

This project is supported by the Social Sciences and Humanities Research Council of Canada



Social Sciences and Humanities  
Research Council of Canada

Conseil de recherches en  
sciences humaines du Canada

