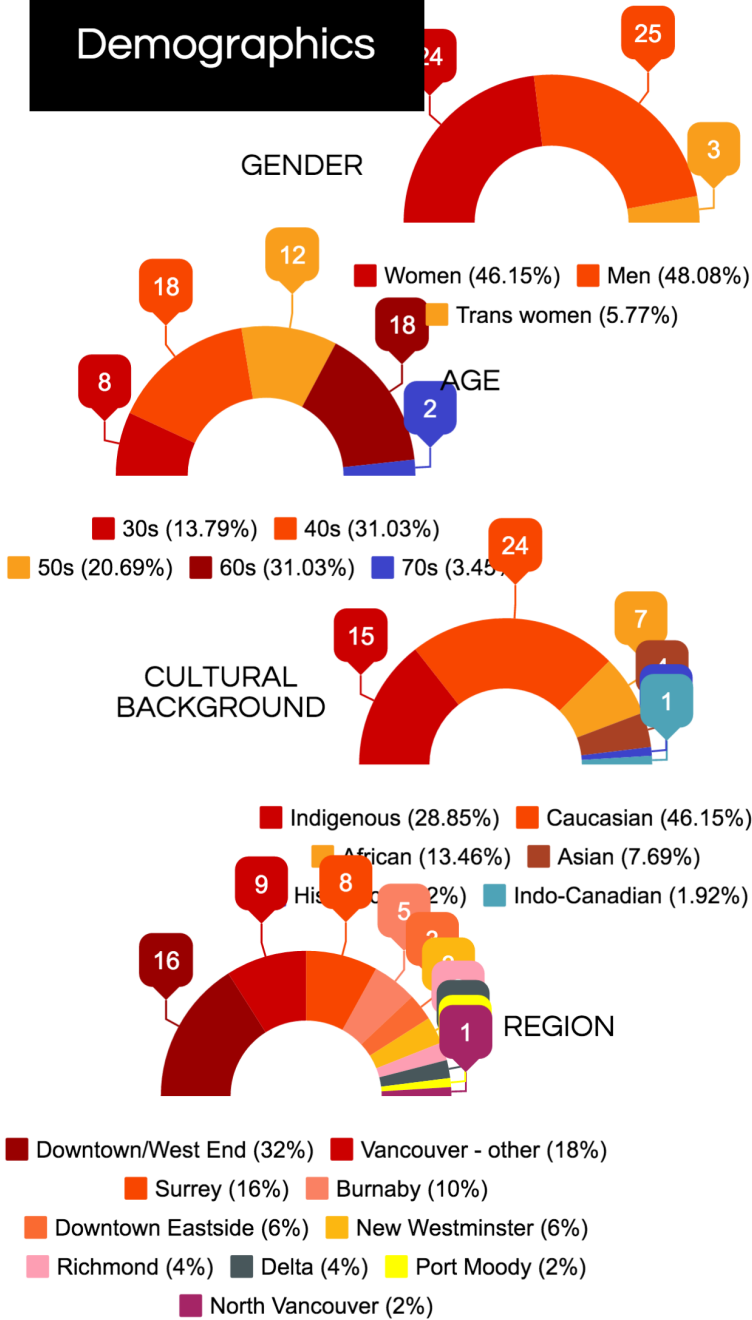


# Positive Living, Positive Homes

Data from first-round interviews with participants living with HIV (n=52)

## Demographics



## Housing Situation

**61%** live in some kind of subsidized housing

**58%** live on their own

**38%** experienced 3 or more housing transitions in previous 5 years

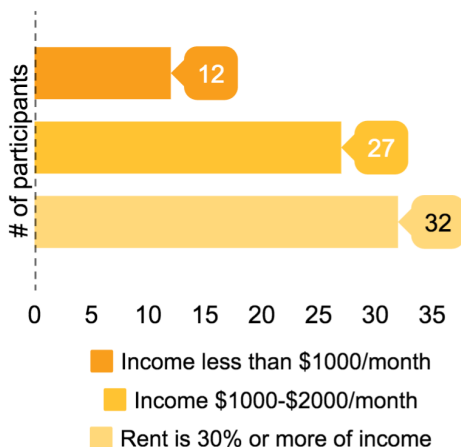
**33%** live in a 1-bedroom apartment

**33%** have been in current housing less than one year

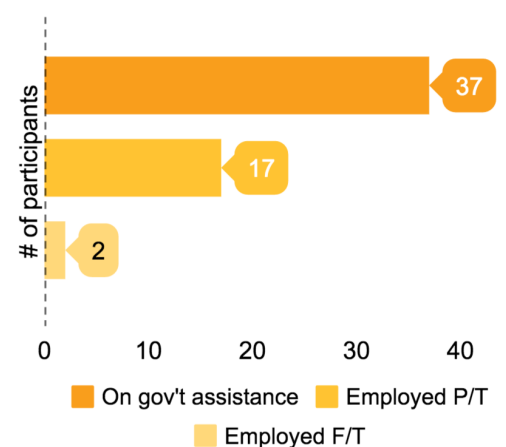
**27%** live with pets



## Income & Rent



## Income Source



## Health Issues



**42%** are living with one or more mental health issues. Depression is most common.

**21%** are living with hepatitis C

**17%** are living with mobility issues that affect their quality of life. Pain from neuropathy, arthritis and injury are most common.

**19%** have cleared hepatitis C

**93%** are regularly taking HAART

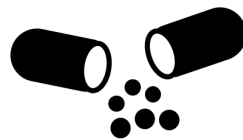
Reasons for **NOT** taking **HAART**

**Structural** (homelessness, storage issues, difficulties with access)

**Stigma** in home or community: taking meds is too visible

**Concerns** about long-term effects and/or effectiveness

## Substance Use



Some participants find substance use to be problematic within their housing situation and others do not.

**27%** disclosed that they use substances on a regular basis. Many participants use substances for pain relief, and to alleviate depression.

HOUSING



SUBSTANCE USE

diverts **\$\$** away from rent, healthy food, etc.

drugs may interact badly with HAART and other meds

drugs in the community: others' use can be a trigger

**Housing and drugs...it's very interactive.**

## Social Life



"I just keep to myself. I have a hard time trusting people."

Basically, I wouldn't stay in a space - if the relationships hadn't worked out, I would usually move on."

"...if you don't have a house and then you cannot have a really intact relationship with other people, right, because we are homeless, we cannot afford it."

**PERSONAL RELATIONSHIPS and COMMUNITY CONNECTIONS**

can have major impacts on health and housing situation

"Sometimes I would have problems finding housing, but most of the time I would find a goof support in finding housing."

"...when the money is scarce it's tougher to get along with somebody. And so there's - you end up in fights or what not, or end up separating."

"To tell the truth, I left an abusive relationship last year, so I gave my notice and I left and I was homeless for six months."

"...self-worth...and...feeling that you're not only feeling worthy, but contributing. So like any kind of volunteering or doing something, I think the feedback comes back to you."