

Spotlight on CBR at PAN

DATA FROM *POSITIVE LIVING, POSITIVE HOMES*
AND THE *BC PEOPLE LIVING WITH HIV STIGMA*
INDEX PROJECT



Positive Living, Positive Homes

DATA FROM THE STUDY AND DIRECTIONS FOR
ACTION



University
of Victoria

Welcome!

We gratefully acknowledge the Coast Salish peoples whose unceded territory we are fortunate enough to live and work on.

Purpose of this session:

- To update PAN membership on the PLPH study
- To share our findings to date
- To inform about future work as we bring the study to a close





PLPH: background

- Qualitative, longitudinal, case study that adheres to CBR principles and GIPA/MIPA
- Taking place in Greater Vancouver, Prince George, and Kamloops
- Finding out about a range of diverse housing-health experiences among people living with HIV in BC; exploring what is working or not working about housing policies, programs, services
- Interviews were in-depth and asked questions about many aspects of housing and health, including detailed descriptions of current living situation and health status, as well as housing and health history, access to services, social networks and relationships, substance use, mental health, and stigma

Sharing our findings

Participants living with HIV

Greater Vancouver: 52

Prince George: 36

Kamloops: 11

Service providers &
policy makers:

Greater Vancouver: 24

Prince George: 8

Kamloops: 11



Sharing our findings

Gender:

Women: 44%
Men: 55%
2-spirited & Trans: 2%

Cultural background

Indigenous: 50%
Caucasian: 36%
African: 8%
Asian: 4%
Hispanic: 2%
Indo-Canadian: 1%

Average age:

48

Income source:

Government assistance: 90%
Employed: 6%
Other (private pension): 4%

Income level:

Under \$1000/month: 25%
1000 - \$1500/month: 51%
\$1600 - \$3000/month: 19%
Unsure: 3%



Mental health & co-morbidities

Participants living with a mental health issue:

Greater Vancouver: 42%

Prince George: 42%

Kamloops: 60%

Participants living with a mobility issue:

Greater Vancouver: 17%

Prince George: 28%

Kamloops: 20%



Substance Use

"Housing and drugs...it's very interactive"

Participants who had actively used substances in the year leading up to interview:

Greater Vancouver: 27%

Prince George: 75%

Kamloops: 50%

"I ended up becoming homeless due to it. I lost my housing, my credibility, my self-esteem, my self-worth... For two years I was on these streets because I figured that I didn't deserve anything more than just a tent by the river with a couple of sleeping bags. "

Social life, connections, and stigma

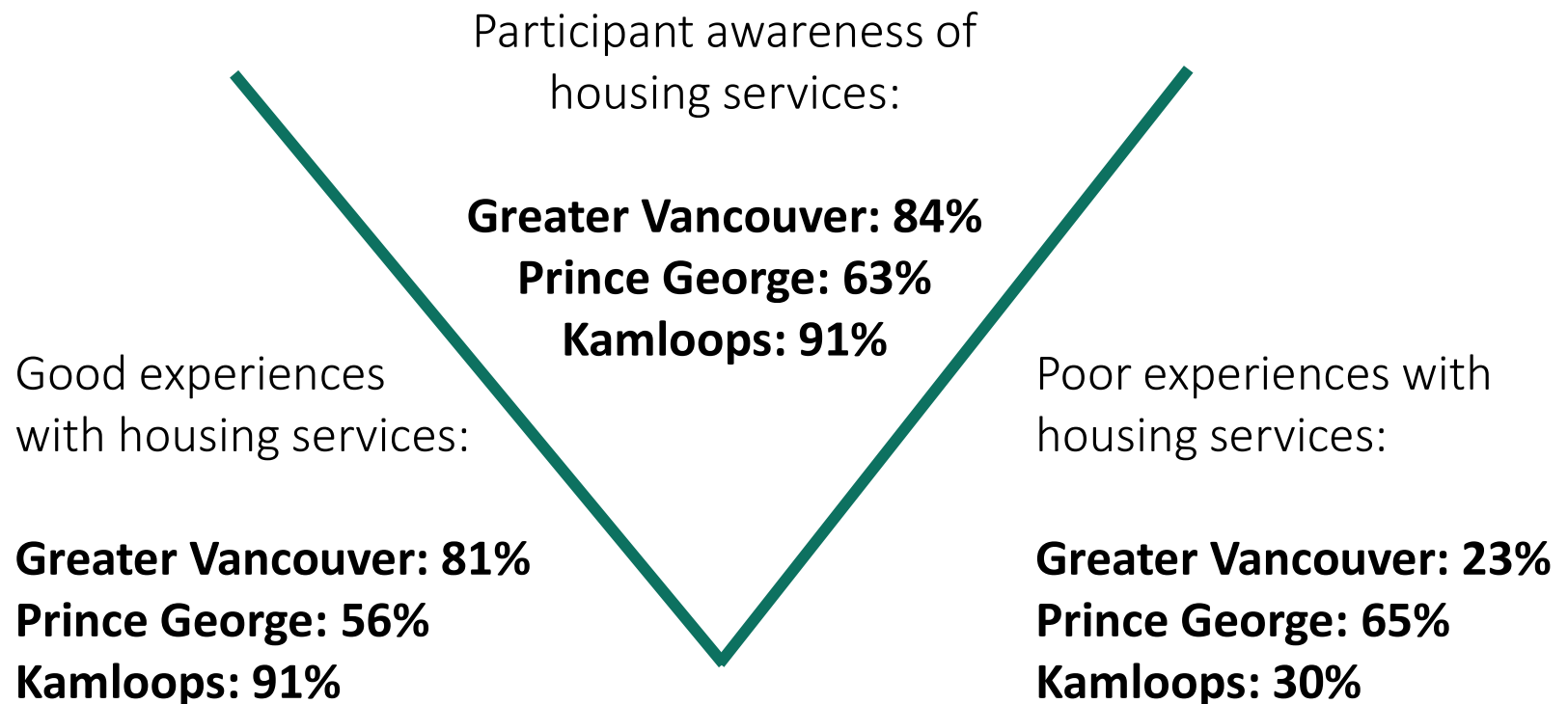


Personal relationships and community connections can have major impacts (good and bad) on housing and health

“If she [roommate] wasn’t here, I think I would’ve flipped out by now. She’s a good support to me.”

“I just keep to myself. I have a hard time trusting people.”

Accessing & using services



Thank you for joining us this morning!

Please attend our Knowledge-to-Action session after the break to give feedback on our plans for knowledge translation, and learn more about how these findings can help your organizations and clients.