

## INDIGENOUS WOMEN'S SUPPORT PROGRAM

Are you looking for a culturally safe environment and a physically safe place where you can find support navigating the realities of living with HIV or hepatitis C?

Our Indigenous Women's Support Program provides a sacred place where Indigenous women can hear Aboriginal elders and mentors, including women with lived experience, teach us about various aspects of our culture and where you can connect with others to build healthy relationships. We host weekly Kitchen Table Meetings where participants learn how to incorporate more cultural practices into their daily lives. We also host 12 Knowledge Gatherings per year (knowledge on cultural practices and prevention health methods) as well as peer-led monthly support groups for those who identify as Indigenous or Aboriginal women living with HIV. These support groups are facilitated in partnership with Oak Tree Clinic.

We welcome you to visit us on site or to call us at any time. PWN provides the infrastructure and experience in women specific supports, and a commitment to support Indigenous led prevention initiatives for Aboriginal women. Red Road provides expertise in emerging issues, Residential School legacy, Harm Reduction, Nutrition, Traditional Medicines, Integrated Health Care, and Holistic Healing for Aboriginal peoples.

A PARTNERSHIP OF



SUPPORTED BY

**ABORIGINAL HEALTH INITIATIVE PROGRAM**  
VANCOUVER COASTAL HEALTH

## INDIGENOUS WOMEN'S SUPPORT PROGRAM COORDINATOR INFO

We are thrilled to introduce the Indigenous Women's Support Worker, Judy Mitchell, to our community.

Judy comes from a background in health and social services for Indigenous people. Most recently she was the Family Support Worker for Tla'Amin Community Health in Powell River, BC. Before that she worked as the Aboriginal Patient Navigator for VCH's Aboriginal Health Strategic Initiatives in Vancouver. From 2005 to 2010 Judy supervised a counselling team at Healing Our Spirit, providing support for Indian Residential School Survivors. Judy is an excellent communicator with a strong professional ethic, and she approaches her work in a caring, confident and flexible manner.

Judy provides advocacy by speaking on your behalf in settings that include the justice system, hospitals, other medical environments, social service agencies and the community. She also provides supportive guidance for those who are infected or affected by blood borne pathogens. This support includes making relevant referrals to other organizations and agencies that can provide assistance.

Judy can be reached **Monday - Friday / 8:30am - 4:30pm.**

Phone: 604-692-3008

Email: [judym@pwn.bc.ca](mailto:judym@pwn.bc.ca)

Location: 614-1033 Davie Street, Vancouver, BC

[red-road.org](http://red-road.org)

[pwn.bc.ca](http://pwn.bc.ca)



Red Road HIV/AIDS Network Society



**Positive Women's Network**