

Community of Practice

Mental Health & Substance Use & HIV & HCV

Hosted by The Pacific AIDS Network

Sharing, Collaborating, Learning

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The **Pacific AIDS Network** invites member agency frontline workers to participate in a **Community of Practice**.

Our goal is to foster individual, community and regional expertise in community-focused mental health within a safe environment.

Q: Who should consider joining this community of Practice?

A: If you are working with people who are living with HIV/HCV, and those at risk, and want a safe and collaborative space to share and learn together.

**Double stigma,
double challenge**

Mental health and substance use issues, co-occurring with HIV and HCV, is not only very common, it can also be very complex.

A Community of Practice gives us an opportunity to dialogue and learn with each other, explore common concerns and share our successes.

How does the Community of Practice work?

As a member of the Community of Practice you can join in any or all of the following:

- Attend scheduled monthly video conference calls – Bring forward your concerns and ideas and offer support to others engaged in similar challenges and opportunities.
- Participate in core competency training leading to mental health and HIV/HCV expertise
- Contribute to a coordinated provincial effort to address mental health, substance use and HIV/HCV
- Receive information about trainings, education and evidence-informed mental health and substance use practices



What is a **Community of Practice?**

What does a Community of Practice do?

- Puts you in touch with **like-minded colleagues and peers**
- Allows you to **share your experiences** and **learn** from others
- Allows you to **collaborate** and achieve **common outcomes**
- Accelerates your **learning**
- **Validates** and **builds** on **existing knowledge** and good practice
- Provides the opportunity to **innovate** and create **new ideas**

How to get there:

Step 1: Establish or identify a purpose:

Supporting Mental Health, Substance Use and HIV/HCV Knowledge Exchange

Step 2: Identify your Community

Frontline Workers

Step 3: Develop the Practice

- Monthly conference calls
- Find and connect with experts and peers
- Discussion forum, wikis, blogs, document repository,

A Community of Practice is a network of individuals with common problems or interests who get together to explore ways of working, identify common solutions, and share good practice and ideas.



How to get involved:

- Sign up to receive newsletters, briefings and information
- Participate in monthly video conference calls when you are available
- Contribute successful practices from your agency
- To learn more about the Mental Health, Substance Use and HIV/HCV Community of Practice
- Or to sign up for Video Conferencing

Have you ever wished you could connect with others regularly who are doing work similar to yours?

Have you ever looked for opportunities for skill development in mental health and substance use?

Do you have a great idea or approach that you'd love to pass on to those who work in your field?

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