

# Change is in the Air!

## Motivational Interviewing Skills Coaching

**Have you taken a course on MI and are looking for an opportunity for guided practice?**

**Do you want to stay updated with MI developments?**

### MI Skills Coaching

The timing is perfect to reconnect and recharge your MI practice!

There are recent and significant changes in MI, with two new publications: [MI: Helping People Change \(3<sup>rd</sup> Ed\)](#), and [MI in Groups](#).

Join us for two evenings of group coaching focused on refining your MI skills. \*\*Detailed coaching descriptions at [www.changetalk.ca](http://www.changetalk.ca)

### Who Should Attend?

Helping professionals who have taken an introductory level training in Motivational Interviewing and who want to refine their skills.

### Date & Time

Tuesday, October 23, 2012, 7-9 pm

Wednesday, November 21, 2012, 7-9 pm

### Vancouver Location

Multipurpose Room 1, Creekside Community Centre

#1 Athletes Way, Vancouver BC, [www.creeksidecentre.ca](http://www.creeksidecentre.ca)

### Cost

Early bird registration before or on October 9, \$75.00 plus HST

After October 9, \$90.00 plus HST

A receipt and letter of completion will be provided

### To Register

Email: [contact@changetalk.ca](mailto:contact@changetalk.ca)

Phone: 604.716.6685 or 778.899.0418

\*\*Register early as space is limited

### Facilitators

Cristine Urquhart, MSW, RSW and Frances Jasiura, BPHE, BSW, RCC are the founders of Change Talk Associates, members of the international MI Network of Trainers, and published in the areas of Motivational Interviewing, groups, women, and trauma-informed practice.



Cristine Urquhart



Frances Jasiura

